

Please join us in celebrating the season with a Christmas lights walk for our December Members Meeting.



START/FINISH

Thursday, December 9th, 2004.

Walk Start will be from 6:00

P.M. to 6:30 P.M. Walkers must be off the trail by



9:30 P.M.

WALK DISTANCE AND ROUTE



This walk is a 10KM with a '1' rating. The route is suitable to wheelchairs and strollers. The route will begin at the Jaycee Park Center for the Arts. The route will be through the Hospital District of Irving. A shorter distance will be available.

ELIGIBILITY-REGISTRATION-FEES

The walk is open to the public. Everyone is welcome, but an adult must accompany children 12 years or younger. All participants must sign a waiver of liability and must carry a start card and return the start card to the finish table upon completion of the walk.



Registration will be on the evening of the event with no pre-registration. The walk will be held regardless of the weather. There will be no refunds.

IVV Credit only \$3

No IVV Credit Free

INFORMATION

For more information on this walk, please contact Connie Clark by e-mail at: walkn4life@flash.net or by phone:

972-506-0199. You may also visit our web site at

<http://starttrekkers.org>__



MISCELLANEOUS

Parking is available at the Jaycee Park. Water will be provided at the start/finish and at the checkpoint. However, participants are expected to carry water.

Toilet facilities are available at the START/FINISH.

Dogs are welcome, but must be on a leash and PLEASE pick up after your dog. Dogs are not allowed inside the Jaycee Center.



IRVING

STAR TREKKERS of IRVING

The Star Trekkers sponsor this event with the support of the City of Irving. The sponsors are not liable for accidents, thefts, and/or material damage. The sponsor will make reasonable effort to make this a safe, enjoyable, and memorable event.



The Star Trekkers of Irving is a non-profit organization established in 1990 to promote volkssporting (walking, swimming, and biking) and is co-sponsored by the City of Irving Parks and Recreation Department. This event is sanctioned by the American Volkssport Association (AVA), a member of the International Federation of Popular Sports (IVV).

Please visit the Star Trekkers web page at starttrekkers.org/

Please also visit the Texas Volkssport Association at <http://www.walktexas.org>

For more information on Volkssport Events and Clubs in Texas, the USA and the World, visit:

www.ava.org

or call:

1-800-830-WALK (9255)

Star Trekkers YRE

Cooper State Park, Sulphur Springs, TX

Coppell, TX SW04-YI 574

KROGERS at 101 North MacArthur Blvd
at Sandy Lake Road

Heritage Trail, SW04-Y316, McDonalds,
302 W. Irving Blvd, Irving

Las Colinas SW04-Y202, Tom Thumb,
4010 N. MacArthur Blvd, Irving

Valley Ranch SW04-Y671, Conoco, 9401
N. MacArthur Blvd Irving

Denison SW04-Y629, Central Fire
Station, 700 W Chestnut, Denison
Birthplace of President Eisenhower

Weekly Group Walks

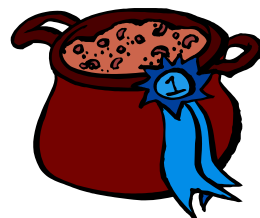
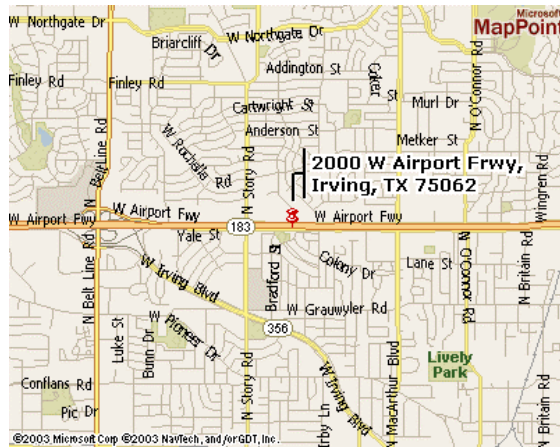
Monday and Wednesday

DIRECTIONS

The START is located at
Jaycee Park Center for the Arts
2000 Airport Freeway
Irving, Texas 75062



From Hwy 183, exit Story Road.
Eastbound, continue on access road
to Jaycee Park. Westbound, go under
Hwy 183 to the south side of
highway access road. Jaycee Park is
on the right, midway between Story
Road and MacArthur Blvd.



After the walk, join us for Chili, Hot
Cocoa, and Christmas Cookies!!



10K Walk

Hospital District Irving, Texas

Thursday December 9, 2004
SW04-70677



IRVING STAR TREKKERS
DECEMBER
Member Meeting

and

Christmas

Walk



SANCTIONED
EVENT



Eligible for credit toward
IUV Achievement Awards